

April 2026

Sun	Mon	Tues	Wed	Thur	Fri	Sat
			1 Try a Trade (7/8)	2 (K)	3 No School	4
5 EASTER Break →	6 No School	7 (K) No School	8 No School	9 (K) No School	10 No School	11
12	13 Back to School	14 (K)	15	16 (K)	17 (K)	18
19	20	21 (K)	22	23 (K) HOT LUNCH	24	25
26	27	28 (K)	29 MAMMA MIA! (Grade 6-8)	30 (K)		

EAST CENTRAL PUBLIC SCHOOL

April 2026



East Central Public School

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Mrs. Joanne Tournier, Principal

Principal's Message

As we welcome April, we are hopeful that warmer weather is just around the corner. With the Easter break approaching, we are keeping our fingers crossed that the snow will begin to melt! As conditions change, we kindly remind families to ensure students are dressed appropriately for the weather. As the puddles begin to develop, rubber boots will be essential for staying dry and comfortable during outdoor play.

Thank you to all families who attended our recent Student Progress Conferences. It is always a pleasure to meet with you and discuss your child's academic growth and achievements. Your partnership and support make a meaningful difference in student success.

Congratulations to our badminton players who represented East Central Public School so well! We are proud to celebrate their achievement in bringing home the small school banner for the Grade 6/7 division. A sincere thank you to Mr. Kowal and Miss Campbell for their coaching and dedication, and to all of our parent drivers who ensured our athletes arrived safely at their matches.

We would also like to extend our appreciation to everyone who supported this year's Mom's Pantry Fundraiser. Together, we sold just over \$2,000 in product! The profits from this fundraiser will go toward the purchase of our new garden shed, helping to support our outdoor learning spaces.

Wishing all of our students and families a safe, restful, and enjoyable Easter break.

Sincerely,
Mrs. J. Tournier



Upcoming Events

April



Dressing For
Spring Weather

- April 1st - Try a Trade - Carlton (Grade 7/8)
- April 3rd - No School
- April 6th to 10th - Easter Break - No School
- April 23rd - Hot Lunch
- April 29th - Mama Mia (Grade 6-8)

May

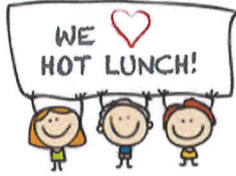
- May 5th - Hot Lunch
- May 15th - No School (PLC Day)
- May 18th - No School (Victoria Day)



May 20th - Track & Field Day (PACI)

Come on out to for our PANTHERS !!!

SCC Hot Lunch



The School Community Council continues to provide a delicious meals. These meals are prepared by volunteers and served in the gym to students.

If you are interested in assisting with the preparation, please contact Shea Swank at (306) 980-6715.







Come on out and volunteer for hot lunch preparation while meeting students and staff in our school community.



Times for our School Day

AM Classes 8:45 a.m.
AM Recess 10:05 - 10:20 a.m.
Lunch 11:40 - 11:55 a.m.
Lunch Recess 11:55 - 12 :20
PM Classes 12:20 p.m.
PM Recess 1:40 - 1:55 p.m.
Dismissal 3:15 p.m.

Oral Health Fun Facts

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 Your tongue has about 10,000 taste buds!</p> 	<p>2 An elephant's molar teeth can weigh up to 10 pounds.</p> 	<p>3 The first toothbrush with bristles was invented in 1498 in China using hair from pigs or horses.</p> 	<p>4 The average person spends 38 days of their life brushing their teeth.</p> 	<p>5 More people choose blue toothbrushes than red ones.</p> 	<p>6 Teeth are the hardest part of your body – even harder than bones!</p> 	<p>7 Brushing before bed is very important</p> 
<p>8 Sharks lose and regrow thousands of teeth in their lifetime.</p> 	<p>9 Cotton candy was invented by a dentist and is sometimes called "fairy floss".</p> 	<p>10 The tooth fairy is over 100 years old.</p> 	<p>11 Teeth start growing before you're even born.</p> 	<p>12 Eating cheese can help protect your teeth from the acid that causes cavities</p> 	<p>13 Drinking water is the best way to prevent cavities and helps wash food a way.</p> 	<p>14 Sharks never run out of teeth, they can grow and lose up to 30,000 teeth in their lifetime.</p> 
<p>15 Your tongue is the strongest muscle in your body!</p> 	<p>16 Giraffe's only have bottom teeth.</p> 	<p>17 Saliva helps wash away germs and helps to keep your teeth healthy.</p> 	<p>18 North Americans use around 300 million miles of dental floss every year.</p> 	<p>19 Baby teeth are whiter than adult teeth</p> 	<p>20 The first toothbrush with bristles was invented in 1498 in China using hair from pigs or horses.</p> 	<p>21 Cavities are tiny holes caused by germs and sugar.</p> 
<p>22 You will make enough saliva in a lifetime to fill two full sized swimming pools.</p> 	<p>23 Brushing your teeth for 2 minutes is about as long as listening to one song.</p> 	<p>24 Smiling is good for your health</p> 	<p>25 A snail's mouth can hold over 25,000 teeth</p> 	<p>26 You get two sets of teeth in your lifetime, baby teeth and adult teeth.</p> 	<p>27 It takes 17 muscles to smile and 43 to frown – so smiling is much easier.</p> 	<p>28 Visiting your oral health professional helps keep teeth strong and healthy.</p> 