

East Central Public School April 2024

Mrs. Joanne Tournier – Principal

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<https://ec.srsd119.ca>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
 <p>EASTER BREAK No Classes</p>						
7	8	9	10	11	12	13
14	15	16	17	18 Hot Lunch	19	20
21	22 PLC Day No classes	23	24	25 BP Lunch	26	27
28	29	30				

Upcoming Events

- Thursday, May 16th - Hot Lunch
- Monday, May 20th - No classes – Victoria Day
- Thursday, May 30th – Boston Pizza Lunch

School News

Administrator's Message

As we welcome the vibrant colors and warmer breezes of April, I hope this message finds you all in good spirits and health. First and foremost, I hope everyone had a wonderful Easter break filled with joyous moments spent with loved ones. And I certainly hope that the Easter Bunny made a visit at each of your homes!

With the arrival of spring, it's essential to dress appropriately for the fluctuating weather conditions. As we transition from chilly mornings to sunny afternoons, please remember to dress in layers and wear comfortable attire suitable for both indoor and outdoor activities. Don't forget your rubber boots as April showers may surprise us at any moment!

I want to extend my heartfelt gratitude to everyone who participated in our recent Mom's Pantry fundraiser. Your support and generosity contribute significantly to enhancing our school community and providing enriching experiences for our students. Together, we are making a difference, and I am deeply thankful for your ongoing support.

As we embark on another month of learning and growth, let's continue to foster a spirit of collaboration and positivity within our school community. Together, we can achieve remarkable things and create lasting memories for our students.

Wishing you all a productive and fulfilling month ahead!

Mrs. J. Tournier

Our registration process for next year is underway. If you know of families who are moving into the East Central Public School area with school age children, please ask them to register at their earliest convenience. It is important to get an accurate picture of our enrollment for next year so we can staff the school accordingly.



Community News

Saskatchewan Health Authority

Increasing risk of measles in Saskatchewan

Measles cases are occurring at an increasing rate worldwide and the risk of exposure to measles in Canada is growing. Measles is one of the world's most contagious diseases and can be very serious. It can affect all ages, but tends to be more severe in adults and very young children. Catching measles while pregnant can affect the baby.

Measles is spread by coughing, sneezing, or breathing infected air. The virus remains active and contagious in the air for up to two hours. The best way to protect yourself from measles is through vaccination. Two doses of a measles-containing vaccine is 97 per cent effective at preventing the disease. If not up to date on their vaccinations, anyone can spread and catch measles. Please check that everyone in your household is fully vaccinated for measles.

For children:

- Children should receive two doses of a measles-containing vaccine, such as the MeaslesMumps-RubellæVaricella (MMRV) vaccine. The first dose is given at 12 months of age and a second dose at 18 months of age.
- If you do not know if your child received the measles vaccine or if they have had both doses, check their vaccination history on the [MySaskHealthRecord website](#) or app.
- For children under 14, learn how to access your child's information on the [eHealth website](#). Children 14 and over must register for their own account — the guide to help your register is also on the eHealth website.
- If you do not see their full vaccination history on MySaskHealthRecord, contact the Public [Health office](#) where your child received their immunizations. To book an appointment for your child to be fully vaccinated, connect with the closest Public Health office.

For adults:

Adults' eligibility for publicly-funded measles vaccinations depends on their date of birth:

- Born 1970 and onwards — two doses
- Born 1957 to 1969 — if travelling outside of Canada, one dose
- Born before 1957 - no vaccination is required

Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People. saskhealthauthority.ca



PAMF PROGRAMS 2024

- LITTLE TYKES - GR. 1-4
- FALL RIVER RIDERS - GR. 6-9
- SPRING 6-A-SIDE - GR. 5-8
- PASS, PUNT AND KICK - AGE 7-14



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*HAVE A SAFE AND
HAPPY EASTER!*



* Happy
* SPRING *

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